



Patient Communication Tools

The following were designed to assist health care professionals effectively communicate with their patients about female sexual dysfunction.

Open-ended Questions– “Ice-breakers”

It can be challenging for health care professionals to initiate a discussion about sexual concerns with their patients. Open-ended questions, or “ice-breakers,” can help to facilitate this discussion.

Algorithms for Screening and Treating FSD

Algorithms can serve as evidence-based guidelines to assist health care professionals discuss sexual health, function, and wellness with patients.

Decreased Sexual Desire Screener

The Decreased Sexual Desire Screener (DSDS) is a brief, easy-to-use screening tool to facilitate the diagnosis of generalized, acquired HSDD.

PLISSIT

The PLISSIT model of sex therapy is a graduated approach to sexual problems including **P**ermission, **L**imited **I**nformation, **S**pecific **S**uggestions, and **I**ntensive **T**herapy.

ALLOW

The ALLOW (**A**sk, **L**egitimize, **L**imitations, **O**pen up, **W**ork together) model provides a framework to facilitate the discussion of sexual concerns and therapeutic options.

Visit
www.FSDcme.org/tools
and follow links to download these resources